

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling, starting from the top of the page and extending down to the bottom of the page.



Day 1

After watching, write one thing that:

Go to [bit.ly/SundaysAtHomePreteen](https://bit.ly/SundaysAtHomePreteen) and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

- 1. You liked: .....
- 2. You learned: .....
- 3. You'd like to know: .....

# Day 2

## Read Proverbs 22:3

Can you interpret these two sentences written in emoji?



If you guessed that it was the words of Proverbs 22:3, you are right! "Wise people see danger and go to a safe place. But childish people keep going and suffer for it." The wise person only has to see the danger once before realizing it's time to get to safety—to remove themselves from the situation. But the childish, or foolish, person might see multiple warning signs before a crash and burn.



# Day 3

**Solomon's words in Proverbs 22:3 makes a great prayer for wisdom in your own life—and a reminder to think before you act.**

Personalize the prayer with a situation where you need wisdom to remove yourself, include your "safe place" (this could be holding your tongue—literally—or sitting with a different group of friends or getting off the computer), and then pray it out loud.

Dear God, I want to be a wise person who sees danger and goes to a safe place. Please help me see the danger in \_\_\_\_\_, and when I do, to \_\_\_\_\_ Please help me to stop so I won't \_\_\_\_\_ and suffer for it. In Jesus' Name, I pray, amen.

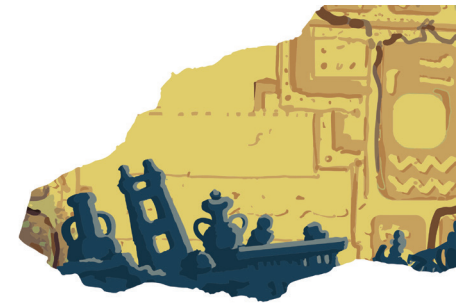
# Day 4

**One of the areas all of us can use more wisdom in is with our words.**

There's not a person on earth who hasn't said something they regretted at some point. Often it's our tongues that see the danger signs and keep going. Like when you are hanging around with friends talking bad about another person or when you talk back to your parents.

Much of the wisdom in the book of Proverbs deals with the things we say. God knew this was an area we'd all need a lot of help with! Solomon wrote in Proverbs 13:3, *Anyone who guards what he says guards his life. But anyone who speaks without thinking will be destroyed.* (NIRV)

Who is someone you talk to on a regular basis with whom you should practice "seeing danger" and guard what you say? Get a sheet of paper and draw a stop sign. Then write the person's name in the middle (where it would normally say, "STOP") in block letters. Use a red marker or colored pencil to color in the area around the person's name. Cut out the stop sign and tape it somewhere you'll see it to remind yourself to guard what you say around or to this person.



# Day 5

**What could keep you from being wise?**

We live in a world that tell us doing things fast, and doing several things at once, is the way to go. But go too fast, and stop paying attention, and before you know it, you could be making some un-wise choices.

Stop, think, act. This could be another way of writing King Solomon's wise words in Proverbs 22:3. These are the steps that a wise person takes to live out God's wisdom.

Find a corner of your Wisdom Wall that has some space and draw three graphics that represent STOP (a stop sign), THINK (a brain), and ACT (a check mark). Color them in, and as you do, ask God to help you slow down this week so you can STOP, THINK, and ACT with wisdom.