



FORMED | 8 WEEKS IN PHILIPPIANS | STUDY GUIDE FOR PART 6

Opener: If your last week was a book genre, what would it be, and why?

1. In the message, Bob talked about living a joy-filled life. What does that mean to you? What does joy look like as part of our daily living?

Read Philippians 3:7-11.

Paul lists several things from his life he now considers a “loss” in comparison to the worth of knowing Jesus.

2. Discuss the transformation in Paul, from all that he used to put confidence in to the confidence he now writes about finding in Jesus.

3. Have you experienced a time when you discovered how temporary and unfilling things could be in your life? Discuss.

Read Philippians 3:12-14.

4. What is powerful and/or important about forgetting what is behind us?

5. How can we be a strength to each other as believers in following Paul in “straining toward” and “pressing on”?